



Eye appointment



The doctor at the hospital needs to check your eyes.

This factsheet will help you to understand what will happen at your eye appointment.



What to bring to your eye appointment.

You can bring a supporter with you.

You can bring something to do while you wait like a newspaper or ipad.





Bring the appointment letter that the hospital sent you.



Bring any glasses that you wear to the hospital with you.



Bring a list of any medication that you take.



Bring your Care Passport if you have one.

Your appointment is at Sunderland Eye Infirmary.

Address: Queen Alexandra Rd, Sunderland, Tyne and Wear. SR2 9HP.



When you get to the hospital go to Reception A.



Give your appointment letter to receptionist who will book you in.



You then sit in the waiting room until it is your turn to be seen.

The waiting room might be busy.

Tell the nurse if the waiting room is too noisy for you.





The nurse will try to find you a quiet place to wait. There will not always be a quiet place free.

A nurse will call your name when it is your turn to be seen.

The nurse will take you to a room to check your eyes.





The nurse might put some drops in your eyes.

The nurse might need to check the pressure of your eyes.



They check your eye pressure by using a small machine.
It goes close to your eye and makes a beeping sound.



When the nurse has finished you will need to wait again until the doctor is ready to see you.

The doctor will need to look very closely at your eyes.

The doctor uses a machine called a slit lamp to do this





The doctor will talk to you about your eyes and your eyesight.

The doctor will then give you a booking out slip.



The booking out slip will say if you need another appointment. Give this to the receptionist



The doctor may give you a prescription for some medicine.

We have our own pharmacy in the hospital.



The pharmacy can give you your medication to take home with you.

We hope you have found this Easy Read factsheet helpful

Please do contact us if you need any further advice.

Outpatients A

Phone: 0191 5656256 extension 46273



Credits

This factsheet was developed by the Learning Disability Liaison Service and The Eye Infirmary at City Hospitals Sunderland, and funded by the Sunderland Clinical Commissioning Group.

Designed by The Clear Communication People Ltd.using Photosymbols and other stock photography.

Sunderland
Clinical Commissioning Group

With thanks to City Hospitals Sunderland NHS Foundation Trust.



About Easy Read information

Easy Read information using larger print, easy words and pictures to make information easier to understand. Easy read is a summary of the key points. Whilst it is useful to help people understand complex subjects it should not be relied upon soley in the process of supporting people to make decisions about their health care and treatment.