

How you can access the team

You can refer yourself to the District Nursing Service or be referred by your GP, hospital ward, out-patients department, treatment room nurse or other healthcare professionals.

The District Nursing Service operates from 8.30am until 5pm seven days a week including bank holidays. If you need planned care outside these hours your District Nurse will arrange for it from the Intermediate Care services.

You can get more information about us from your GP surgery or health centre.

Please confirm the identity of your nurse before allowing them entry into your home, all staff will wear identification badges.

Once your care is complete and you are discharged from the service, a member of staff will collect your notes.

Your District Nursing Team contact number between 8.30am to 5pm is:

The Out of Hours 'Intermediate care' contact number between 5pm to 8.30am (overnight) is:

We are committed to raising the standard of written information for patients, their carers, people who use the NHS and the general public.

This information can be made available in another format or language on request. For further copies of this leaflet please contact on telephone numbers above.

Production date: Sept 2012 Author: District Nursing Service Code: 0912/338

Choose

South Tyneside **NHS**
NHS Foundation Trust

District Nursing Service



Providing a range of NHS services in
Gateshead, South Tyneside and Sunderland.

What is the District Nursing Service?

District Nurses are registered nurses who have had additional specialist practitioner training.

District Nursing Sisters or Charge Nurses lead a team which includes Community Staff Nurses and Health Care Assistants. They work closely with a wide range of health and social care providers including general practitioners, therapists, dieticians, voluntary services, social services and local hospitals.

The District Nursing Service provides expert nursing care and advice in a variety of health care settings. These may include health centres, GP premises, primary care centres, residential homes and the patients own home for those who are housebound.

You are housebound if you are unable to leave your home on your own because of physical or psychological illness or social reasons.

How can we help you?

We can help you by providing:

- Ongoing nursing care if you are housebound
- Long term condition's management
- Health promotion, education and advice about how you can care for yourself
- Assessment of your continence needs and advice about the available services, treatments and products
- Your referral to other specialist services if necessary
- Highly skilled care to anyone who chooses to have 'end of life' care at home
- Care that gives the best quality of life for anyone with a progressive illness or at the 'end of life'
- We will always work in partnership with you, your family and your carers to provide the best possible care

What you can expect?

The District Nursing Service will assess your health needs in order to provide highly skilled nursing care for you. You can expect the following from our service:

- We will treat you as an individual and deliver your care with respect, in privacy and with dignity
- Your care will be provided by a nursing team who have the right knowledge and skills to look after you. You will know who they are and their names
- Your plan of care will remain in your home for the duration of your treatment so others involved in your care can note their actions. This helps communication between professionals and families. We will revise the plan with you if your condition changes
- We will leave you telephone numbers so you can contact the appropriate service at anytime during the day or night for advice or assistance
- Sometimes your District Nurse may have a student nurse or trainee doctors working with them as part of their training. Please tell your District Nurse if you don't want students involved in your care, it will not affect how we look after you