

Standards for Annual Health Checks

Checklist



Bronze Standard



Were you provided with any of the following?

Did you get an easy read appointment letter?



YES	NO



Were you given a choice of how you wanted your health check – by video, by telephone or in person at the GP practice?

YES	NO



If you have answered YES to the questions then the GP Practice is working towards a **BRONZE** standard.





Silver Standard



Were you provided with any of the following?





Were you asked to come in for blood tests or other checks before your Annual Health Check?

YES 	NO 



Were **Good Health for All** standards followed?

YES 	NO 

The GOOD HEALTH FOR ALL standards are at the back of this guide



If you have answered YES to the questions then the GP Practice is working towards a **SILVER** standard.





Gold Standard



Were you provided with any of the following?





Did the GP practice know what reasonable adjustments you needed?

YES 	NO 





Were you offered a link to the care passport?



YES 	NO 



Are you over 55?



YES 	NO 

If YES, were you offered a hearing check?

YES 	NO 





If you are afraid of getting blood taken, were you offered a referral to the Health Referral Team or were you offered any other adjustment to make it easier for you?



YES 	No 	I did not need a reasonable adjustment



Are you taking medication for Epilepsy?



YES 	NO 

If YES, did you have a care plan review?

YES 	NO 




Are you taking medication for a mental health condition?

YES 	NO 

If YES was your medication reviewed?



YES 	NO 

If you have not had your flu jab because you were afraid of needles, were you offered the nasal spray?





A nasal spray is a spray up your nose



YES 	NO 	I am not afraid of needles

Were you offered any other type of tests?





YES 	NO 	I do not need any other tests

If you needed other tests, were you asked if you needed support to attend?



YES 	NO 



Did the GP refer you to another service?

YES 	NO 	I was not referred to another service

If YES, were you given more information

YES 	NO 





If you answered **YES** to all of these questions then the GP Practice is working towards a **GOLD** standard.

Good Health Standards for All





I have time to tell doctors and nurses about my health in my own words.

Yes 	No 
<input type="checkbox"/>	<input type="checkbox"/>





Doctors and nurses listen to my fears and worries.

Yes 	No 
<input type="checkbox"/>	<input type="checkbox"/>





Doctors and nurses check that I understand what is happening.

Yes 	No 
<input type="checkbox"/>	<input type="checkbox"/>





I can get support from someone I trust during my appointment, and they can speak up for me.

Yes 	No 





I am given information I can understand.

Yes 	No 





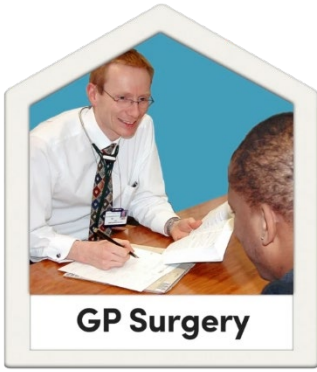
I can get an appointment when I need one.

Yes 	No 





I have a health action plan and doctors and nurses use it to support me.

Yes 	No 





I can get an annual health check at my doctors.

Yes 	No 





If I need treatment someone explains to me in a way, I understand and I know the options and the risks.

Yes 	No 





When I leave my appointment, I am given a plan which will tell me what happens next.

Yes 	No 





I felt that I was given good care and felt safe.

Yes 	No 





I felt that I was respected.

Yes 	No 





I felt relaxed and comfortable.

Yes 	No 





I was able to speak to staff in private.

Yes 	No 




I had someone to support me if I needed to be examined.

Yes 	No 



Someone told me about medicines I needed to take, why I needed them, and how they might make me feel.

Yes 	No 