

## How medicines are used for people with learning disabilities to help with how they feel, act or behave



Transforming Care was set up by the Government to look at ways of improving the lives of people with learning disabilities.



As part of this work, a review is to be carried out on how medicines meant for people with mental health conditions are being given to people with learning disabilities to help with how they feel, act or behave.

To find out more please click on this link to see the easy read factsheet:

<https://www.england.nhs.uk/wp-content/uploads/2015/07/ld-med-advice-letter-easy-read.pdf>



You may see or hear some things on the television or in newspapers about this. They may call this a **“Call to Action”**.



**Don't worry about your medicine – continue to take it until<sub>1</sub> your doctor discusses it with you.**



This “**Call to Action**” means that medical professionals, people with learning disabilities and their carers will get together to review care and treatment for people with learning disabilities.

It will look at ways people with learning disabilities who are taking medicines meant for mental health conditions could be treated differently.



A “**Medicines Group**” has been set up to look at people’s medication and whether people are receiving suitable care.



The **Medicines Group** is made up of

- ✓ Doctors and Chemists from Northumberland Tyne and Wear, NHS Foundation.
- ✓ Tees Esk and Wear Valleys NHS Foundation Trust
- ✓ GPs
- ✓ North of England Commissioning Support Unit
- ✓ Representatives from Local Authorities
- ✓ Care Providers



The Medicines Group will talk to the **Confirm and Challenge Group** about ideas and ways of working.



Each area will make its own plan.



Everyone with a learning disability who is taking this sort of medicine will be reviewed to see if there needs to be any changes.



This plan will make sure that patients and carers understand why they are taking medication and are involved in any changes to their medication.

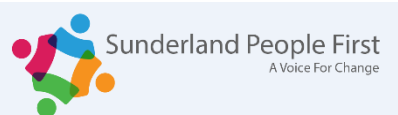


Your doctor will speak to you when your medicines are due to be reviewed.

The doctor will make sure that the medicines you take are right for you.



This may not happen straight away. It may take some time.



This document was produced by Sunderland People First

