

Sunderland

Keeping People Connected

For anyone who is autistic or has a learning disability or both in response to Coronavirus



In Sunderland we are doing our best to support people at this difficult time.



We want to help people stay safe, healthy and not feel alone.



Our Keeping People Connected Service is free and available now for people with learning disability and / or autism who need support.

Sunderland Keeping People Connected

Our aim is: To keep people connected during the coronavirus crisis enabling them to stay safe and stay well.

- ✓ Helping people to understand Coronavirus and how this can effect them
- ✓ Helping people to stay connected
- ✓ Helping people to problem solve
- ✓ Supporting people to get help from other services if needed
- ✓ Ensuring people know what to do and who to contact in an emergency

If you know someone who would benefit from one of these calls, please contact the appropriate organisation below to pass on their personal information:

For anyone who is autistic without a learning disability contact

Autism in Mind:

Contact Phone Number: 0191 567 2514

Email Address: info@autisminmind.com

Website Address: www.autisminmind.com

For anyone who has a learning disability / autism contact

Sunderland People First:

Contact Phone Number: 07858 226 187

Email Address: lisa@sunderlandpeoplefirst.com

Website Address: www.sunderlandpeoplefirst.com