

Be cancer aware

Time to all talk about cancer

The 'Be cancer aware – time to all talk about cancer' course has been co-produced by learning disability groups from across the North East and Cumbria, supported by Macmillan and Cancer Research UK.

The 'Be cancer aware' course has been designed to help people with a learning disability understand more about cancer and is delivered by people with a learning disability.

Evidence tells us people with a learning disability die on average 20 years younger than the general population and cancer impacts on this number. We want to give people with a learning disability, their carers and family an opportunity to gain important information on what cancer is, signs of cancer, risk factors and screening.

The 'Be cancer aware' course has been designed to be interactive and informative, giving people a chance to talk and signposting to additional support or information.

To find out more about the 'Be cancer aware – time to all talk about cancer' course please get in touch with:

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Peer education training

Guidance for support staff at participating services/venues

The 'Be cancer aware' peer education training aims to raise awareness of cancer. The peer education training is specially designed by people with a learning disability for people with a learning disability their carers and support staff.

We would like to deliver cancer awareness training for your organisation/group.

To support this training please consider:

- The training is delivered over 2 sessions. Each session lasts around 1 ½ hours. To benefit from all the information people would need to attend both sessions.
- The training requires a room for delivery.
- The training requires a quiet space people can use if they need to take time out of the session.
- Participants on the training need to be aware the training talks about cancer, this may not be appropriate for all individuals.
- The training is for a maximum of 20 people including support staff.
- The training uses photos to help evaluate the work and to promote the peer education 'Be cancer aware' training, please complete the photo consent forms prior to the training.