The Learning Disability and Autism Team at South Tyneside and Sunderland Hospitals

easy read

Who we are

We are the Learning Disability and Autism Team.

I am Catrin Hegarty.
I am the team manager.

I am Pauline Henry.
I am a learning disability nurse.

I am Wendy Myers.
I am a learning disability nurse.

What we do

We support people with a learning disability, autism or both who come to hospital.
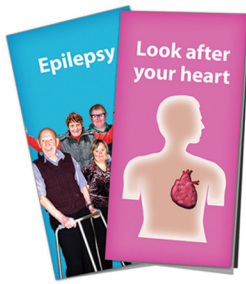
How can we help you?

We can help you if you are staying in hospital.

We can help you with your hospital appointments.

We can help you ask questions about your care.

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We can help you to understand your care. We can give you Easy Read information about tests and operations you might need.

We can support you with 'Reasonable Adjustments' These are changes that help you to be treated equally. They can include:

- Making sure doctors speak clearly and use easy words.

- Extra time for appointments.

- A quiet place to wait.

We will help the hospital staff understand what you need.

Your hospital passport

We can offer you a hospital passport.
Please fill in your hospital passport to tell us more about you. This will help us to support you.

Contact us by phone or email

Catrin (Team Manager)
0778 568 1846

Pauline
(South Tyneside Hospital)
0191 404 1000.
Ask for extension 4776

Wendy
(Sunderland Royal Hospital)
0191 565 6256.
Ask for extension 47146

You can call Monday to Friday
8:30am to 5pm.

Email:
stsft.ldautismacute@nhs.net